

PAN

Physical Activity and Nutrition

Review articles

- Jooyoung Kim
Pre-sleep casein protein ingestion: new paradigm in post-exercise recovery nutrition
- Jea Jun Lee / Suji Beak / Sang Hyun Ahn / Byung Seok Moon / Jisu Kim / Kang Pa Lee
Suppressing breast cancer by exercise: consideration to animal models and exercise protocols

Short communication

- Sunghwan Kyun / Choongsung Yoo / Takeshi Hashimoto / Hironori Tomi / Noboru Teramoto / Jisu Kim / Kiwon Lim
Effects of exogenous lactate administration on fat metabolism and glycogen synthesis factors in rats

Original articles

- Insu Kwon
Protective effects of endurance exercise on skeletal muscle remodeling against doxorubicin-induced myotoxicity in mice
- Hyejung Hwang / Sahiro Mizuno / Nobukazu Kasai / Chihiro Kojima / Daichi Sumi / Nanako Hayashi / Kazushige Goto
Muscle oxygenation, endocrine and metabolic regulation during low-intensity endurance exercise with blood flow restriction
- Young Hwan An / Jisu Kim / Hee-Jae Kim / Kiwon Lim
Effects of leucine-enriched essential amino acid supplementation on muscular fatigue and inflammatory cytokines in wheelchair basketball players

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