	Physical Activity and Nutrition
Review articles	 Junzhen Huang / Hun-Young Park Effect of blood flow restriction with low-intensity resistance training in patients with osteoarthritis and rheumatoid arthritis: a systematic review and meta-analysis based on randomized controlled trials
	 Sung-Woo Kim / Deunsol Hwang / Sunghwan Kyun / Inkwon Jang / Taeho Kim / Jongwon Kim / Inseop Shin / Kiwon Lim Effects of public transportation use on non-exercise activity thermogenesis and health promotion: a mini-review
	 Heehyun Shin / Ryul Kim / Kiwon Park / Kyeongho Byun Role of exercise in modulating prefrontal cortical activation for improved gait and cognition in Parkinson's disease patients
Short communications	 Taeho Kim / Deunsol Hwang / Sunghwan Kyun / Inkwon Jang / Sung-Woo Kim / Hun-Young Park / Kiwon Lim / Charyong Kim / Jisu Kim Effects of post-exercise intake of exogenous lactate on energy substrate utilization at rest
	 Aditi Upmanyu / Amit Kumar / Varun Kalia Influence of sitting time on pulmonary function in computer-using office workers
Original articles	 Young-Ran Yeun / Yi Sub Kwak / Hye-Young Kim Factors affecting weight management in overweight or obese diabetic patients: the 2018-2021 Korea national health and nutrition examination survey
	 Sneha Mittal / Sunita Sharma Effect of myofascial release and muscle energy technique on patients with chronic neck pain: a scoping review
	 Yun-Seok Lee / Dong-Ryul Lee / Hyoung-Rok Lee / Jun-Young Sung Nutritional knowledge, eating habits, factors affecting muscle damage, and antioxidant enzyme levels of Korean wrestlers

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